

As your Chaplains we are honored and humbled by the relationship that we have with our flock. We are asked many question that pertain to faith, religion, prayer and our relationship with our G-d. Recently as I was walking down the halls of the Training Academy a young recruit stopped me and struck up a conversation and asked

"Rabbi, how do I pray in time of need?" I gave an answer I heard from my dad when I was a teenager. My Dad said "a person's relationship with the G-d, should be like a child to a parent. You are always welcomed in your parents home, they love when you call or visit and they accept you just the way you are". "So in time of need, never hesitate to say a prayer or drop by a place of worship to say hello to you "Dad" you are ALWAYS welcome. I was reminded of the parable "An Interview With G-d"...............

"Come in," G-d said to me. "So, you would like to interview Me?"

"If you have the time," I said. G-d smiled and said: "My time is called eternity and is enough to do everything. What questions do you have in mind to ask me?"

"None that are new to you. What's the one thing that surprises you most about mankind?"

G-d answered: "That they get bored being children, are in a rush to grow up, and then long to be children again. That they lose their health to make money and then lose their money to restore their health. That by thinking anxiously about the future, they forget the present, such that they live neither for the present nor the future. That they live as if they will never die, and they die as if they had never lived..."

G-d's hands took mine and we were silent.

After a long period, I said, "May I ask you another question? As a parent, what would you ask your children to do?" G-d replied with a smile: "I would love them to learn and ponder the following".

"To learn that they cannot make anyone love them. To learn that it takes years to build trust, and a few seconds to destroy it.

That what is most valuable is not what they have in their lives, but who they have in their lives.

To learn that it is not good to compare themselves to others. There will be others better or worse than they are.

That a rich person is not one who has the most, but is one who needs the least.

To learn that they should control their attitudes, otherwise their attitudes will control them.

That it only takes a few seconds to open profound wounds in persons we love, and that it takes many years to heal them.

To learn to forgive by practicing forgiveness. That there are persons that love them dearly, but simply do not know how to show their feelings.

To learn that money can buy everything but happiness. That while at times they may be entitled to be upset, that does not give them the right to upset those around them.

To learn that great dreams do not require great wings, but landing gear to achieve. That true friends are scarce.

To learn that it is not always enough that they be forgiven by others but that they forgive themselves.

That they are masters of what they keep to themselves and slaves of what they say.

To learn that they shall reap what they plant; if they plant gossip they will harvest intrigues, if they plant love they will harvest happiness.

That true happiness is not to achieve their goals but to learn to be satisfied with what they already achieved.

To learn that happiness is a decision. They decide to be happy with what they are and have, or die from envy and jealousy of what they lack.

That two people can look at the same thing and see something totally different.

To learn that those who are honest with themselves, without considering the consequences, go far in life. That even though they may think they have nothing to give, when a friend cries with them, they find the strength to appear the pain.

To learn that by trying to hold on to loved ones, they very quickly push them away; and by letting go of those they love, they will be side by side forever.

To learn that they can never do something extraordinary for Me to love them; I simply do love them for who they are. But I love them even more when they do kindness with each other.

And last but not least, that the shortest distance they could be from Me, is the distance of a prayer." End of interview. Let us remember, no two of us are the same, and all the Lord wants from us, is to be the best that we can be. Life starts to get challenging when we try to be someone who we are not.

In these most difficult times, your Chaplains salute you and say THANK YOU! for going out every day and doing G-d's work of keeping our City safe. WE COULD NOT SURVIVE WITHOUT YOU! I can't imagine what would happen to our City if our men and women in blue would not be around to answer the radio calls, you know the answer. We are most grateful to you for your dedication and sacrifice to your noble calling.

Please note: for the curious, "Why the dash in The name". I do not spell out the name of G-d out of respect. Spelling out THE name and then throwing it in the trash, would be a desecration of THE name, so I put in the dash. This is a religious custom I follow, and please don't be offended. Thanks for understanding.

If you would like to discuss it further, please don't hesitate to drop me a line or give me a call.

Now for a bit of humor to keep you smiling....."The Doctor's Cure" A woman went to the doctor's office, where she was seen by one of the new doctors, but after about 4 minutes in the examination room, she burst out, screaming as she ran down the hall.

An older doctor stopped her and asked what the problem was, and she told him her story. After listening, he had her sit down and told her to go relax in another room.

The older doctor marched down hallway to the back where the first doctor was and demanded, "What's the matter with you? Mrs. Terry is 63 years old, she has four grown children and seven grandchildren, and you told her she was PREGNANT?"

The new doctor continued to write on his clipboard and without looking up said, "Well, yes I did! But I bet her hiccups are gone now!"...lol. On behalf of ALL your Chaplains, may G-d bless you and keep you safe.

Should you need a shoulder to lean on or have some good humor to share, please don't hesitate to give us a call.

Compliments of your Police Chaplain

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